



# National Network

Information, Guidance and Training on the Americans with Disabilities Act

Call us toll-free  
1-800-949-4232 V/TTY

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[www.adata.org](http://www.adata.org)



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## Home Emergency Supplies Kit Checklist

The Home Emergency Supplies Kit contains items vital for daily living. It includes all the things you would most likely need if you had to be self-sufficient for days either at home or in an evacuation center.

Items in the Home Emergency Supplies Kit include such essential items as water, medication, first aid supplies, tools, flashlight, and batteries. Use this Checklist as a tool to ensure you have the necessary items in your Home Emergency Supplies Kit.

Date Done	Item	Notes
<b>Important hardcopy information:</b>		
	Emergency health information <sup>1</sup>	
	Copies of emergency contact lists. <sup>2</sup>	
	Copies of medication prescriptions	
<b>Other important items:</b>		
	Cell phone and charger	
	Cash (small bills and change)	
	Standard telephone (that does need to be plugged into an electric outlet)	
	Other medications	

<sup>1</sup> sample form at <http://cdihp.org/products.html#savvy>

<sup>2</sup> Emergency Contact Checklist Tip Sheet (<http://adapacific.org/emergency/checklists.php>)



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	Flashlights and extra batteries, light sticks	
	Emergency food, non-perishable food	
	Can opener	
	Assorted sized of re-closeable plastic bags for storing, food, waste, etc.	
	Extra batteries for oxygen, breathing devices, hearing aids, cochlear implants, cell phones, radios, smart phones and other mobile wireless devices like tablets	
	Sturdy work gloves to protect your hands from sharp objects you may try to lift or touch by mistake while moving over glass and rubble.	
	First aid kit and book	
	<b>Wheelchair or Scooter Users:</b>	
	Recharging devices that can be connected to a vehicle for charging	
	If available, keep a lightweight manual wheelchair for backup.	
	<b>Hearing Needs:</b>	
	Weather radio with a visual/text display that warns of weather emergencies or get an app for cell phone or tablet	
	<b>Vision Needs:</b>	
	Mark your disaster supplies with fluorescent tape, large print, or Braille.	
	High-powered flashlights with wide beams and extra batteries.	
	<b>Sensitivities, Breathing Needs:</b>	
	Towels, masks, industrial respirators or other supplies you can use to filter your air supply.	
	N95 rated particulate filter mask – protects against dust, radiological dust and biological agents.	



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	Service Animal Supplies (See Emergency Preparedness: Taking Responsibility for Your Safety)	
	Food, water, blankets, waste disposal, medication, harness, etc.	

For more information, call and speak to an ADA specialist at **1-800-949-4232**. All calls are confidential.

Content was developed by the Pacific ADA Center, and is based on professional consensus of ADA experts and the ADA National Network.



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This information product was developed under grants from the Department of Education, NIDRR grant numbers H133A110014 and grants from the Department of Health and Human Services, NIDILRR grant numbers 90DP0021 and 90DP0015. The contents do not necessarily represent the policy of these Departments, and you should not assume endorsement by the Federal Government.

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